

Easy Beanless Buffalo Chili

1lb ground buffalo (or grass-fed beef)

1 onion- diced

1 19oz can organic tomato soup

1 15oz can diced tomatoes

2 15oz cans kernel corn

chili powder - to taste

salt- to taste

cinnamon- to taste

Brown buffalo and onion together. Add soup, tomatoes, corn and stir. Add salt, cinnamon, and chili powder to taste. Simmer 10 minutes

Optional: top w/ cheese or sour cream

Recipe by: Jason Ulrich